

Categorical Internal Medicine Residency Program

FAST FACTS

PROGRAM HIGHLIGHTS

- 3-year ACGME-accredited Categorical Internal Medicine Residency Program
- 25 residents per year, 75 residents total
- A "4+1" training model that allows residents to spend one week fully dedicated to continuity of care for their primary care patients in between four-week blocks assigned to a given rotation
- Team-based training with direct patient care and progressive responsibility as residents advance through the program
- Diverse training program with specialty experiences in neurology, critical care, cardiology, endocrinology, pulmonary medicine, geriatrics and more
- Daily didactic training exploring topics such as basic sciences, clinical practice, medical ethics and research methods
- Committed, passionate, diverse faculty
- A mentorship program to facilitate professional and personal growth and provide support throughout training
- All residents participate in scholarly activity and/or quality improvement projects
- Emphasis on resident well-being

Health Quest Medical Education
is now part of **Nuvance Health**.



3-year program outline

01/

During the first year of training, interns care for patients in the emergency department, in the ICU and on the medical floors at Vassar Brothers Medical Center, a large tertiary care facility with high patient acuity. They are also introduced to the Academic Practice where they provide care for their own panel of patients with their precepting attending faculty. They work directly with a co-intern, a senior resident and an attending physician. Each intern presents at Journal Club.

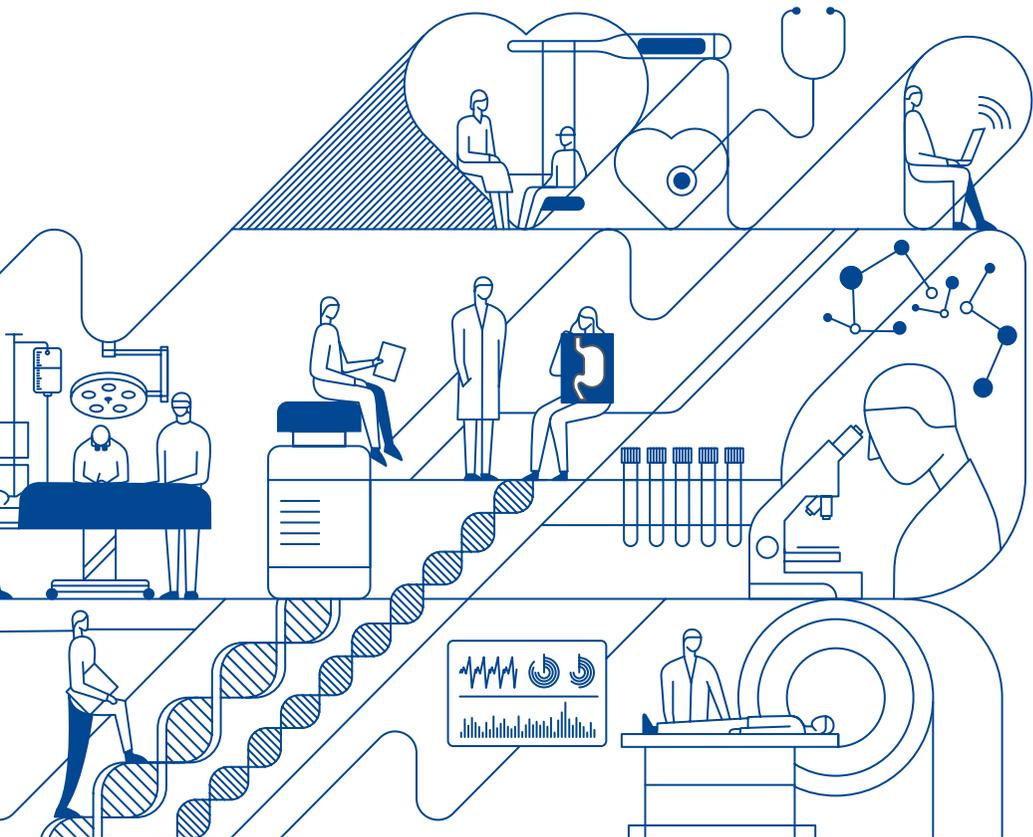
02/

During the second year of training, residents gain experience leading the medical team under the close supervision of their attending physician as they have progressively more independence. Rotations in geriatrics, neurology and outpatient oncology, oncology as well as ample elective time, give residents the opportunity to grow the breadth and depth of their knowledge. Residents design, develop and start to implement their scholarly project.



03

During the third year of training, residents gain progressive independence and solidify their clinical knowledge in more challenging roles with triage and consults developing leadership and increased patient care responsibilities. Third-year residents take the lead on cases and act as clinicians, leaders and teachers. Third-year residents also have several elective opportunities to guide their own training path and prepare for the next stage of their careers.



STIPEND

- PGY-1: \$67,500
- PGY-2: \$70,875
- PGY-3: \$76,545
- Relocation allowance (during the first year)
- Annual educational stipend

BENEFITS

- Full benefits package, including medical/prescription, dental and vision
- Flexible spending accounts (FSAs)
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- 3 lab coats are provided the first year of residency
- 20 days of paid time off (PTO) per academic year
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Wellness initiatives for work-life balance
- End-of-year recognition banquet
- Regular activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day off out of seven