Family Medicine Residency Program

FAST FACTS

3-Year ACGME-Accredited Program
8 residents per year ■ 24 residents total ■ No research year

PROGRAM HIGHLIGHTS

■ A diverse, varied curriculum including longitudinal primary care and specialty experiences in pediatrics, surgery, obstetrics, critical care and more

■ Experience in both a community-based hospital and a large medical center, each with state-of-the-art resources and high-quality patient care

■ Extensive outpatient patient care experience serving communities in need

■ Team-based care models and incremental patient care responsibility

■ One-on-one mentorship and guidance with experienced and passionate faculty

■ Research opportunities

■ A state-of-the-art simulation lab

■ High patient volume offers a wide variety of cases
During the first year of training, residents complete specialized, month-long rotations in obstetrics and gynecology, inpatient pediatrics and intensive care. Residents will also begin providing primary care services in outpatient and inpatient settings that will continue throughout their training. Inpatient teams provide day and night coverage at Northern Dutchess Hospital, and each resident provides outpatient primary care services in a continuity clinic. These diverse experiences set the foundation for residents to develop as well-rounded, experienced and compassionate physicians.

During the second year of training, residents will begin to develop as leaders of the patient care team, taking the lead on inpatient night rotations and in the Northern Dutchess Hospital Emergency Department. Second-year residents also treat older patients at the Center for Healthy Aging, and pediatric populations in outpatient and inpatient settings. During this year, residents develop a variety of clinical skills, gaining experience with obstetric care, surgery, inpatient pediatrics and musculoskeletal/sports medicine treatments.

During the third year of training, residents will act as leaders of the patient care team in all settings. Senior residents complete a rotation in Health Systems Management, to prepare for independent patient care and develop valuable practice management skills. Additionally, senior residents spend three months leading adult inpatient care teams and one month leading an inpatient obstetric team. Residents will consult with their faculty mentors to select elective rotations each year and provide ongoing care to their continuity care patient panel throughout the program.
STIPEND

- PGY-1: $67,500
- PGY-2: $70,875
- PGY-3: $76,545
- Relocation allowance (during first year)
- Annual educational stipend

BENEFITS

- Full benefits package, including medical/prescription, dental and vision
- Flexible spending accounts (FSAs)
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- 3 lab coats are provided first year of residency
- 20 days of paid time off (PTO) per academic year
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Wellness initiatives for work-life balance
- End-of-year recognition banquet
- Monthly activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day off out of seven