# Anesthesiology Residency Program FAST FACTS

3-Year ACGME-Accredited Program

6 residents per year ■ 18 residents total ■ No research year

### **PROGRAM HIGHLIGHTS**

- Rotational experiences in a variety of anesthesiology subspecialties including general, advanced, obstetric, neuro, cardiac, thoracic and vascular, ambulatory, acute pain, regional pain, chronic pain and ambulatory anesthesia
- Anesthesia experience in the non-operative setting, preoperative unit, post-operative care unit and intensive care unit
- Unique educational experience as operating room manager
- I evel II Trauma Center
- No more than 2:1 resident-to-faculty ratio with experienced and passionate faculty
- A four-month rotation at Albany Medical Center during the PGY2 year for experiences in pediatric anesthesia and critical care
- Research opportunities
- A state-of-the-art simulation lab
- High patient volume offers a wide variety of cases

# 3-year program outline

In year one of training, residents spend up to five months in general anesthesia rotations learning the basics of anesthetic management. Residents also spend three months in the non-operative setting including the preoperative unit and post-operative care unit, providing anesthesia to patients in the EL Lab, Endoscopy Suite, interventional radiology, MRI and during CT-guided procedures. Additionally, residents get initial exposure to the intensive care unit during a one-month experience at VBMC. During the CA1 year, residents will be given a month of emergency medicine if they have not completed it prior to entering the Health Quest Anesthesiology Residency Program.

In the second year of training, residents will spend four months at Albany Medical Center completing experiences in pediatric anesthesiology and in the intensive care unit. Residents also gain experiences in a variety of anesthetic subspecialties including general, advanced, obstetric, neuro, cardiac, thoracic and vascular, ambulatory, acute pain, regional pain, chronic pain and ambulatory anesthesia.

In their final year of training, residents will spend additional time in a variety of anesthesiology subspecialties including cardiac, thoracic and vascular, obstetric and neuro anesthesia. Residents will have three months of electives to choose from. The program is also dedicated to ensuring residents are prepared for independent practice, with three months of advanced anesthesia training and an additional month of serving as the operating room manager. During this rotation, residents will serve in an oversight capacity supervising CRNA's and other residents, managing the operating room and running the operating room board. Lastly, resident will complete one final month of intensive care unit experience in the event they did not complete one in their clinical base (PGY1) rotation.

#### **BENEFITS**

- Full benefits package, including medical, dental and vision
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- Employee assistance program (EAP)
- Employee discount program

## **EXTRACURRICULAR ACTIVITIES**

- Annual resident and family welcome party
- Program holiday party
- End-of-year recognition banquet
- Monthly activities and additional social events

# **WORK HOURS/CALL**

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day free out of seven



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