

Internal Medicine Residency Program

FAST FACTS

3-year ACGME-accredited program

25 residents per year ■ 75 residents total ■ No research year

PROGRAM HIGHLIGHTS

- A “4+1” training model which allows residents to spend one week fully dedicated to continuity of care for their primary care patients in between four-week blocks assigned to a given rotation
- Team-based training with direct patient care and progressive responsibility
- Committed, passionate faculty
- A mentorship program to facilitate professional and personal growth and provide support throughout training
- Diverse training program with specialty experiences in neurology, critical care, cardiology, endocrinology, pulmonary medicine, geriatrics and more
- Weekly didactic training exploring topics such as basic sciences, clinical practice, medical ethics and research methods
- Research and quality improvement opportunities
- A state-of-the-art simulation lab

3-year program outline

YEAR 1

Year one of training introduces residents to all three training sites: Vassar Brothers Medical Center, the central campus of the residency program and largest Health Quest facility; Putnam Hospital Center, an acute care hospital providing medical, surgical, psychiatric, and emergency services; and community outpatient primary care offices where residents will develop and provide care to their own patient panels. In the hospitals, residents will treat patients as members of floor teams and provide crucial support in the Emergency Department.

YEAR 2

In the second year, residents will complete two- or four-week rotations in subspecialties of internal medicine such as cardiology, pulmonology and infectious disease. During these rotations, residents develop their clinical skills and gain familiarity with patients suffering from a variety of conditions. Second-year residents begin to lead patient care teams and experience night float rotations.

YEAR 3

During the third year, residents will dedicate the majority of their time to inpatient and outpatient medicine, developing leadership and patient care responsibilities. Third-year residents take the lead on cases, and will act as clinicians, leaders and teachers. Additionally, a research and quality improvement rotation gives residents the opportunity to produce real change in evidence-based medicine or hospital operations. Third-year residents will also have several elective opportunities to guide their own training path and prepare for the next stage of their career.

BENEFITS

- Full benefits package including medical, dental, vision
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- Employee assistance program (EAP)
- Employee discount program

EXTRACURRICULAR ACTIVITIES

- Annual resident and family welcome party
- Program holiday party
- End-of-year recognition banquet
- Monthly activities and additional social events

WORK HOURS/CALL

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day free out of seven