

# Family Medicine Residency Program

## FAST FACTS

**3-year ACGME-accredited program**

8 residents per year ■ 24 residents total ■ No research year

### PROGRAM HIGHLIGHTS

- A diverse, varied curriculum including longitudinal primary care and specialty experiences in pediatrics, surgery, obstetrics, critical care and more
- Passionate, experienced faculty
- Extensive outpatient patient care experience serving communities in need
- High patient volumes offering a wide variety of cases
- One-on-one faculty mentorship and guidance
- Experience in both a community-based hospital and a large medical center, each with state-of-the-art resources and high quality patient care
- Team-based care models and incremental patient care responsibility
- Research opportunities
- A state-of-the-art simulation lab

# 3-year program outline

- YEAR 1** First-year residents in the family medicine program complete specialized, month-long rotations in obstetrics, surgery, intensive care and gynecology. Residents will also begin providing primary care services in outpatient and inpatient settings that will continue throughout their training. Inpatient teams provide day and night coverage at Northern Dutchess Hospital, and each resident provides outpatient primary care services in a continuity clinic. These diverse experiences set the foundation for residents to develop as well-rounded, experienced, compassionate physicians.
- YEAR 2** By the second year of training, residents will begin to develop as leaders of the patient care team, taking the lead on inpatient night rotations and in the Northern Dutchess Hospital Emergency Department. Second-year residents also treat older patients at the Center for Healthy Aging, and pediatric populations in outpatient and inpatient settings. During this year, residents develop a variety of clinical skills, gaining experience with obstetric care and musculoskeletal/sports medicine treatments.
- YEAR 3** During the final year of the program, residents will act as leaders of the patient care team in all settings. Senior residents complete a rotation in Health Systems Management, to prepare for independent patient care and develop valuable practice management skills. Additionally, senior residents spend three months leading adult inpatient care teams, and one month as leader of an inpatient obstetric team. Residents will consult with their faculty mentors to select elective rotations each year, and provide ongoing care to their continuity care patient panel throughout the program.

## **BENEFITS**

- Full benefits package including medical, dental, vision
- Basic life and accidental death and dismemberment (AD&D) insurance
- Short- and long-term disability
- Employee assistance program (EAP)
- Employee discount program

## **EXTRACURRICULAR ACTIVITIES**

- Annual resident and family welcome party
- Program holiday party
- End-of-year recognition banquet
- Monthly activities and additional social events

## **WORK HOURS/CALL**

- No more than 80 hours per week
- No more than 24 consecutive hours of clinical activity
- At least 14 hours off after 24 hours of in-house call
- A minimum of one day free out of seven